

ARE YOU CARING FOR A LOVED ONE WITH MEMORY LOSS?

WE CAN HELP!

Our Senior Service Department is proud to announce that we have restarted Change of Pace, a respite day program for older adults with memory loss or confusion due to Alzheimer's disease or a related disorder.

Meets Weekly Thurs from 12 – 4

For more information please contact Caroleana Smallwood, our Client Services Coordinator, 503-489-2154 or email at csmallwood@ci.sandy.or.us



Change of Pace

RESPIRE CAN PROVIDE WORRY FREE TIME AWAY FROM CAREGIVING RESPONSIBILITIES

Time to run errands ●


Time to go to appointments ●

Time to connect with family or friends ●

Time to Simply Rest ●



*THIS IS NOT A DROP IN PROGRAM – PARTICIPANTS MUST BE PRE-REGISTERED

 503-668-5569

 CSMALLWOOD@CI.SANDY.US.OR

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