

# WINTER 2024

City of Sandy, Oregon  
Community and Recreation Guide

La ciudad de Sandy y el departamento de Recreación y Parques, le ofrece servicios múltiples, como eventos comunitarios, clases, programas para toda la comunidad.



**Hello City of Sandy Community Members!**

It has been about two months since I was appointed City Manager, and what an exciting change it has been! For nearly the past nine years I have worked for the City of Sandy in a variety of roles, ranging from Accountant to Finance Director to Deputy City Manager. During that time, I have developed countless relationships and have thoroughly enjoyed working with staff and community members alike. I am so grateful for the opportunity to serve the community and work alongside the dedicated staff and to continue to help make Sandy such a special place.

The City has many projects underway, some much more visible than others. Most recently, the extension of Bell Street / 362nd Avenue was completed. This major transportation project will improve congestion at the Bluff Road / Highway 26 intersection, as well as open a large amount of land for future commercial development. The City is also hard at work continuing to make much needed improvements to water and wastewater infrastructure. The capital projects that are currently underway, and other projects in the near future, will help to ensure that Sandy has a reliable drinking water source for decades to come, and remains compliant with our permits for our treated wastewater discharge.

In addition to our infrastructure projects, the City is also making progress with the development of a new park at the old Cedar Ridge Middle School site. This park will not only house traditional park amenities like playgrounds and open space, but also a new skatepark and pump track. The action sports elements of park will make it a destination for outdoor enthusiasts from all around the region.

Thank you for trusting us to provide your essential services, like public safety, transportation, and utility services, as well as your recreational and cultural services, like library, recreation, and senior services. Everyday we strive to meet your expectations of providing a safe and livable community, and we will continue to work hard to make improvements where possible. City staff and I are privileged to serve such a wonderful community!

Happy Holidays!

**Tyler Deems**  
City Manager



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**Sandy Community/Senior Center**  
38348 Pioneer Blvd.  
Sandy, Oregon 97055  
503-668-5569

**Sandy Public Library**  
38980 Proctor Blvd.  
Sandy, Oregon 97055  
503-668-5537

**Hoodland Public Library**  
24525 E Welches Rd.  
Welches, Oregon 97067  
503-622-3460



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There are multiple ways you can register for City of Sandy classes, events and trips. Online, by phone or in person. Choose the option that works best for you!



1. Online at [www.Cityofsandy.com](http://www.Cityofsandy.com)
  - Select the far right tab on the pulldown menu "I want to..."
  - Scroll down on the second column and select bottom choice "register for Activities/Events..."
  - It will bring you to the City of Sandy Registration home page
  - Select your option and enjoy!
2. Scan the QR code provided here
3. Over the phone by calling 503-668-5569  
Monday-Friday 9:00am - 4:00pm
4. In person at the Sandy Community/Senior Center  
38348 Pioneer Blvd.  
Sandy, OR 97055  
Monday-Friday 9:00am - 4:00pm

Most Parks and Recreation Department's programs and activities have a fee. We offer a Sandy residential discount and the discounted price is for our Sandy residents, defined as those who live within the City limits.

We follow Oregon Trail School District closures or delays, which means our classes will be delayed or cancelled if OTSD is on a delay or closure.



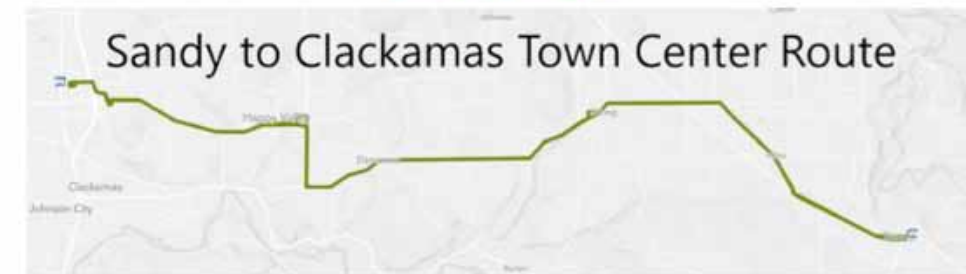
La ciudad de Sandy y el departamento de Recreación y Parques, le ofrece servicios múltiples, como eventos comunitarios, clases, programas para toda la comunidad.



**HOW TO REGISTER**



# The NEW Sandy to Sunnyside Route Coming in January 2024



Make your life more convenient, reduce your stress and enjoy a comfortable journey. We are excited to serve you and be a part of your daily routine!

**STRESS FREE COMMUTING**

**CONVENIENT SCHEDULES**

**AFFORDABLE FARES**

**ECO-FRIENDLY TRAVEL**

**SAFE TRAVEL**

**CONNECTIONS**

**FREE WIFI**

**TRACK THE BUS IN REAL TIME**

Experience the future of commuting. Try our new bus route today-see you on the bus!!



# New Park Opening Winter 2025!



The new 10.5 acre park will serve as a focal point and gathering place for all Sandy residents and will include a wide range of amenities, such as an action sports facility to include a pump track/skate park, trails, playground, picnic shelters, natural and open spaces, and restrooms.



Scan this QR code for  
more information



## Sandy Parks and Recreation Team

Rochelle Anderholm-Parsch...Director ..... 503-489-2157  
Carol Cohen..... Recreation Coordinator..... 503-489-2151  
Chelsea Jarvis..... Executive Assistant ..... 503-489-2155  
Amy Lytle..... Recreation Coordinator..... 503-783-2589  
Caroleana Smallwood ..... Client Services Coordinator..... 503-489-2154  
John Wallace ..... Community Center Manager ..... 503-489-2152  
Marc Young ..... Transportation Coordinator/Driver.... 503-489-2156



## TODOS JUNTOS "ALL TOGETHER," A Nonprofit Indoor Playgroup

Instructors: Casie, (971) 990-5986 &  
April (Hablo Espanol), (503) 320-0937  
Location: Auditorium

Starting January 10th

**Wednesdays 9:30am – 10:00am**  
**Ages 0–2**

Singing, activities, and reading books (bilingual)

**Wednesdays 10:30am – 11:30am**  
**Ages 3–5**

Story time with Casie, craft and free play

Cost: Free - Donations Gladly Accepted



Parents and caregivers are invited to join and meet others with young children, make new friends, share and exchange information about parenting, learn about community resources, and have fun with activities for parents and children. Playgroup is a parent and child interactive opportunity in a relaxed indoor-park setting. *"We value and celebrate diversity!"*

## BEGINNING TUMBLING

Instructor: Aryn Ferguson  
Location: Auditorium

**Thursdays**  
**5:00pm – 6:00pm**  
**Ages 6–9**

Minimum class size: 4  
Maximum class size: 10  
Cost: \$50 resident / \$60 non-resident

Is your child interested in learning how to do a cartwheel, somersault, roundoff, handstand and more? Learn the basics with this 4 week course.

**Four Week Session**

April 4th    April 18th  
April 11th   April 25th

Play will focus  
on ANNIE JR.



## VOICE AND CREATIVE THEATRE ARTS

Instructor: Bernadette Arnold  
Location: Auditorium

**Tuesdays 4:30pm – 5:30pm**  
**Ages 8–14**

Minimum class size: 8  
Maximum class size: 20  
Cost: \$180 resident / \$190 non-resident  
There may be an extra cost for materials.

This exciting and fun music class introduces grade school children to singing and acting. They are encouraged to express, explore and be inventive by using proper musical techniques. They will learn how to use their voices and imagination, and discover the exciting experience of performance. Play will focus on ANNIE JR.

**12 Week Session**

January 16th - April 9th  
No class on March 19th

## RECO ROBOT

Instructor: Minds In Motion  
Location: Art Room

**February 6 - March 12**  
**Tuesdays 5:45pm - 6:45pm**  
**Ages 8-12**

Minimum class size: 6  
Maximum class size: 12  
Cost: \$138 resident / \$158 non-resident

Build and take home your very own powerful robotic bulldozer and sleek handheld wireless controller! With your own colored manual and the aid of your instructor, you will each assemble your Robo Dozer that consists of over 40 different robotic parts that includes a speaker, circuit board, motors, LED lights, and much more. Learn the advantages and disadvantages of tracked vehicles as well as examples of robots with continuous tracks. Use the controller to command your robot to move around in all directions, play sounds, and light up its cab roof lights! The special Code and Control wireless unit enables you to either directly control your Robo Dozer in real time, or write and save sequences of commands for the robot to perform at the push of a button. Once completed, you can try a few experiments with your new Code and Control Robo Dozer and compete with your fellow classmates.



## OUTER SPACE & PHYSICS FUN

Instructor: Minds In Motion  
Location: Art Room

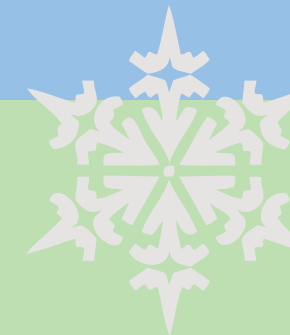
**February 6 – March 12**  
**Tuesdays 4:30pm – 5:30pm**  
**Ages 6 – 11**

Minimum class size: 6  
Maximum class size: 12  
Cost: \$138 resident / \$158 non-resident

Come join the exciting world of space exploration as you build and take home your very own Solar System Kit! You will assemble your own model, learn all about our planetary neighborhood, and watch the planets move around the sun powered by battery or solar power.

Take home your own cosmic rocket and watch it shoot up fifty feet into the air! Be mesmerized as you assemble and take home your own stunt plane and learn about the four major forces of flight. Take part in many other exciting activities involving physics, air pressure, and density.

You will also witness some really neat demonstrations from your instructor. Watch as an egg is magically sucked into a bottle, behold a tornado being created, and much much more in this fun and exciting program!



# YOUTH CLASSES

# YOUTH CLASSES

## KINDERDANCE

Instructor: Debbie Sackett  
Location: Auditorium

**Wednesdays 3:15pm – 4:00pm**  
**Ages 3 – 6**

Minimum class size: 4  
Maximum class size: 14  
Cost: \$60 resident / \$70 non-resident  
There may be an extra cost for materials.

This is a developmental dance, movement and fitness program that teaches the basics of ballet, tap, acrobatics and creative movement with educational concepts. Wear any comfortable clothing that is easy to move in. Ballet and tap shoes are great, but not required for this class. Debbie has assorted sizes of tap shoes that children can borrow, but not all sizes are available.

**Winter Session 1: January 10 – February 14**

**Winter Session 2: February 21 – April 3**  
No class March 27th

**Spring Session 1: April 10 – May 15**

**Spring Session 2: May 22 – June 26**



## KINDERCOMBO

Instructor: Debbie Sackett  
Location: Auditorium

**Wednesdays 4:15pm – 5:00pm**  
**Ages 5 – 9**

Minimum class size: 4  
Maximum class size: 14  
Cost: \$60 resident / \$70 non-resident  
There may be an extra cost for materials.

Kindercombo is a ballet and tap dancing class which gives a young dance student a solid foundation upon which to build. Beginning ballet and tap steps are reinforced in a variety of combinations and music styles. Wear any comfortable clothing that is easy to move in. Ballet and tap shoes are great, but not required for this class. Debbie has assorted sizes of tap shoes that children can borrow, but not all sizes are available.

**Winter Session 1: January 10 – February 14**

**Winter Session 2: February 21 – April 3**  
No class March 27th

**Spring Session 1: April 10 – May 15**

**Spring Session 2: May 22 – June 26**



## YOUNG CHEF'S CLUB

Instructor: Martina Niles  
Location: Dining Room

**Wednesdays 4:00pm – 5:00pm**  
**Ages 11 – 14**

Minimum class size: 4  
Maximum class size: 12  
Cost: \$5 resident fee per class  
\$7 non-resident fee per class

In this series, middle schoolers will practice knife skills and explore various cooking techniques while making delicious food that the whole family will enjoy. This is a hands-on class where participants prepare and share food in class. Please notify the instructor of any special dietary needs (food allergies, gluten-free, vegetarian/vegan, etc.)

**January 17th**  
**DIY Ramen**

Upgrade your instant ramen package to a delicious new level with easy and nutritious additions. Learn how to poach eggs as well as various cutting techniques.

## ARTISTIC ADVENTURE!!!

Instructor: Linda Robertson  
Location: Art Room

**First Wednesdays**  
**of every month**  
**4:30pm – 6:00pm**  
**Ages 7 – 11**

Minimum class size: 3  
Maximum class size: 10  
Cost: \$50 resident / \$60 non-resident  
Drop-in fee: \$10 resident / \$12 non-resident

Come explore different art mediums and make wonderful artistic pieces of your own creations! Form your paper mache animal in February and March. Finish the project in April and take it home in May! \*You must sign up for each month to complete the paper mache project.

**January 3rd** First day of our paper mache animal project! Choose a medium and explore animal designs. There may be free time with art supplies, if time allows.

**February 21st**  
**Spaghetti with Meat Sauce**

Create a quick and easy family meal with wholesome ingredients. Safe food handling of raw ingredients will be stressed.

**March 20th**  
**Crispy Chicken Tenders**

Learn a basic breading technique that will turn many meats or vegetables into crispy, tasty morsels.

**April 17th**  
**French Crepes**

A light egg batter makes these thin pancakes irresistible. Top with sweet cream, fruit, or chocolate, and breakfast or dessert never tasted so good!

**May 22nd Vegetarian Sushi**

Nori, rice, and colorful vegetables will make delicious and healthy sushi style rolls. Each participant can choose their favorite ingredients, sauces and toppings to create a unique roll.

*Linda is a retired elementary school teacher. She loves creating and teaching art lessons using different art mediums (clay, paint, charcoal, ink, etc) and wishes to share some with you. Come join her on an Artistic Adventure!!!*

**February 7th** Put the first layer of paper mache on your animal. We will also be making Heart Art! We will use mixed mediums to create your own heart.

**March 6th** Add a second coat of paper mache to your animal. We will also be making Doodle Bunnies! We will use pens to create texture drawn bunnies

**April 3rd** Paint the first coat of paper mache. We will also learn and practice yarn weaving. We will make a coaster or bowl out of yarn!

**May 1st** Add final details to our paper mache animal! We will also explore crayon resist techniques to make a beautiful flower garden picture. Kids will love this easy art technique!



## TRACKERS EARTH RANGERS GUILD: STEALTH, ARCHERY & WILDERNESS SURVIVAL

Instructor: Trackers Earth Instructors

Location: Drop off & Pick Up at  
Trackers Earth Bull Run Education Center  
(formerly Roslyn Lake Park)  
41401 SE Thomas Rd.

**March 25, 26th and 27th**  
**8:00am – 4:00pm**

Children Grades 1-4

Cost: \$95 per day

### Grade 1

minimum class size: 6  
maximum class size: 6

### Grade 2-3

minimum class size: 6  
maximum class size: 7

### Grade 4

minimum class size: 6  
maximum class size: 8



Join the Rangers Guild! Track wildlife and train in wilderness survival. Learn to build shelters, forage for food, and safely carve with a knife. Hone archery skills, using a bow and arrow. Play games of stealth using camouflage to blend into the forest. Work together in a team and discover lasting friendships.

**Register online at the Trackers Earth website:**

[Trackerspdx.com/youth/camps/spring-break-camp/rangers/](https://Trackerspdx.com/youth/camps/spring-break-camp/rangers/)

## TIPPI TOES-HIP HOP/JAZZ DANCE CLASS

Instructor: Rayann Hoyt

Location: Auditorium

**Starting January 11th**  
**Ending February 29th**  
**Thursdays 4:30pm – 5:15pm**

**Ages 10 – 12**

Minimum class size: 5

Maximum class size: 12

Cost: \$140 resident / \$160 non-resident

Come and join our Tippi Toes Hip Hop/Jazz Dance Class! Using popular, age-appropriate music, the students learn choreography in hip hop and jazz technique. Our version of hip hop/jazz dance is extremely tasteful and kid friendly.

Tippi Toes' vision is to instill confidence, positivity and joy into the lives of kids. Our instructors are fun-loving, energetic and encouraging. We make healthy living and exercising cool and positive for kids.

# YOUTH CLASSES

10 WINTER 2024 • [www.ci.sandy.or.us/parks-rec](http://www.ci.sandy.or.us/parks-rec) • 503-668-5569



COMING LATE SPRING 2024

# A NEW TUPPER PARK PLAYGROUND!

Why are we replacing the Tupper Park Playground?

- The current playground is 27 years old.
- There are some maintenance concerns. The life of a wooden play structure is generally 20 years.
- The current playground does not conform to new playground safety regulations.



Check out the  
New  
Playground  
Design!



USE QR CODE  
TO DONATE



**SANDY**  
PARKS AND RECREATION



## ALL LEVEL YOGA

Instructor: Trish Smith  
Location: Auditorium

**Mondays 5:00pm – 6:00pm**

**Ages 16 & up**

Minimum class size: 3  
Maximum class size: 25  
Cost: \$45 resident / \$55 non-resident  
Drop-in fee: \$15 resident / \$20 non-resident

Come start or deepen your yoga practice with me. Yoga enhances our overall health in so many ways. We will be practicing “yin yoga”. It’s slower and more meditative, giving you space to turn inward and tune into both your mind and the physical sensations in your body.

### FIVE 4 WEEK SESSIONS

- Session 1** December 18 – January 22
- Session 2** January 29 – February 26 (No class Feb 19)
- Session 3** March 4 – April 1 (No class March 25)
- Session 4** April 8 – April 29
- Session 5** May 6 – June 3 (No class May 27)

**Bring your own mat and water.  
All you need to do is breathe.**

*Trish Smith is an expert intuitive, holistic life coach, yoga instructor and author. She developed this course to be a journey of self-discovery, transformation and healing, and it is a collection of the tools and practices that she uses to manage her own C-PTSD, FND, and ADHD. If you are ready to awaken your sacred path to living in alignment, this is the place to start.*

## BODY, MIND AND SPIRIT WELLNESS COURSE

Instructor: Trish Smith  
Location: Auditorium

**Mondays 6:30pm – 7:30pm**

**Ages 16 & up**

Minimum class size: 3  
Maximum class size: 25  
Cost: \$120 resident / \$130 non-resident  
Drop-in fee: \$12 resident / \$17 non-resident

### 12 WEEK SESSION March 4th - May 20th

**Week 1** Week one is an introduction. Maintaining our overall health involves practicing self-care, using coping strategies and knowing when to seek guidance. This class will cover what to expect over the next eleven weeks. We will also spend some time practicing guided imagery.

**Week 2** In week two, we will be covering gut health and how it directly impacts our mental health. You will learn about what inflammation in our bodies means for our overall health and how it impacts our short term and long term health.

**Week 3** In week three, we will be learning about yoga. We will go over the core understanding of yoga and basic safety “rules” and we will be practicing several poses. Please dress comfortably, bring a mat (or beach towel) and water.

**Week 4** In week four, we will be learning about what ‘emotional freedom technique’ is, how it works and the many ways that you can use it to tap into your daily life. We will also be practicing in class to gain the muscle memory of this incredibly powerful tool.

**Week 5** In week five, you will be participating in a “cultivating joy” exercise. We will dive into the excavation of oneself. Discover or rediscover what sparks joy in you and commit yourself to holding yourself accountable for creating a life that brings you contentment.

**Week 6** In week six, you will learn the importance of clearing your energy physically, mentally, and spiritually. I will teach you some techniques for clearing your own energy. We will cover why caring for our lymphatic system needs to be a priority.

**Week 7** In week seven, we will be covering meditation, prayer, and neuroscience of the brain. I will be teaching you various methods for seeking peace and practicing stillness in your life. You will also learn how to create new neural pathways for yourself to support a positive mindset.

**Week 8** In week eight, we will be blessed with a special guest speaker, Julie Hightman, a local health care practitioner. She specializes in acupuncture, herbal medicine, reiki, and more. Julie will explain the benefits of the healing modalities that she specializes in.

**Week 9** In week nine, you will learn the importance of living a life of gratitude. You will be taken on a journey that transforms your heart and opens your mind. We will practice some techniques and go over the physiological benefits of practicing gratitude on a regular basis.

**Week 10** In week ten, you will be bathed in sound! Come and experience a sound bath performed by our guest Shamanic Practitioner Belinda Hinote. Please bring anything that will help you feel comfortable laying down, such as a yoga mat, pillows, blanket, etc. and dress comfortably. Chairs are also available if you wish to sit.

**Week 11** In week eleven, Trish will be teaching you about EMDR and neurofeedback. She will be covering the topic of suicide prevention which can be triggering, so please know that the subject will be covered delicately. I will also cover seeking professional support when needed.

**Week 12** In week twelve, you will be tying the entire course together. Trish will briefly recap on each of the topics we’ve covered. You will gather around the table, have some tea, socialize, and if we choose to, you can share your experiences with using your new tools.



## DANCE FITNESS!

Instructor: Andrea Adee  
Location: Auditorium

**Wednesdays 6:00pm – 7:00pm**

**Ages 16 & up**

Children under 13 can come for free with a parent or guardian who registers for this class  
Minimum class size: 7  
Maximum class size: 16  
Cost: \$30 resident / \$40 non-resident  
Drop-in fee: \$15 resident / \$20 non-resident

Are you looking for an activity that involves music and fun dance moves, and will get your heart rate up? Well you’ve found it! This dance fitness class will make you sweat while having fun.

### FIVE SESSIONS

- Session 1** January 10 – 31
- Session 2** February 7 – 28
- Session 3** March 6 – April 3 (No class March 27th)
- Session 4** April 10 – May 1
- Session 5** May 8 – 29

# ADULT & TEEN CLASSES



## BETTER BALANCE TAI CHI

Instructor: Bonnie Newman  
Location: Auditorium

**Starting January 9th**  
**January 9th - May 30th**

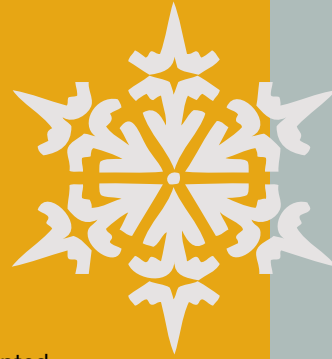
No classes on these dates:  
March 19th, 21st, 26th & 28th

**Tuesdays & Thursdays**  
**12:30pm - 1:30pm**

Cost: Free - Donations Gladly Accepted

Participants in this class will practice a series of simple, slow, and effective movements aimed at improving balance, strengthening the muscles, and reducing the risk of falling.

*Bonnie Newman is a certified instructor of Tai Chi for Better Balance, an evidence based program approved by the NIH as a balance retraining program. She received training and certification in 2013 from Dr. Fuzhong Li, Oregon Research Institute.*



## CHAIR YOGA

Instructor: Trish Smith  
Location: Auditorium

**Tuesdays & Thursdays**  
**9:15am - 9:45am**

Cost: \$5 per class

Participants will practice yoga poses that can be done while seated in a chair. The benefits of chair yoga include, but are not limited to, loosening and stretching muscles, reducing chronic pain, decreasing stress and improving circulation.

*Trish Smith is an expert intuitive, holistic life coach, yoga instructor and author.*

## GRIEF & END OF LIFE EDUCATION Hospice 101

Instructor: Mt. Hood Hospice  
Location: Art Room

**January 16th**  
**10:45am - 11:45am**

Cost: Free - Donations Gladly Accepted

Join us at the Sandy Community and Senior Center for a free Grief and End of Life Educational class offered in January. Space is limited, please register by calling the center.



## OPEN ART STUDIO

Instructor: Kim Nelson  
Location: Art Room

**Ongoing Mondays**  
**1:00pm - 4:00pm**

Cost: The suggested price is \$5 per session, but you can pay what you can.

This is not an art lesson; this is a place to create with a group of likeminded people who emphasize collaboration, sharing, and merit. The Open Art Studio concept believes the best work comes out when created in an accepting and non judgmental place. *\*Bring your own supplies; there is limited storage space.*

## COFFEE & CARDS

Location: Lounge

**Ongoing Mondays**  
**10:00am - 12:00pm**

This is a drop-in activity for seniors who are looking for a social gathering. Stop by and enjoy a cup of coffee, a game of cards, work on a puzzle or just enjoy a good conversation.



## YOUNG AT HEART

Instructor: Carol Cohen  
Location: Auditorium

**Ongoing Tuesdays & Thursdays**  
**10:00am - 10:30am**

Cost: Free - Donations Gladly Accepted

This class will use various equipment (bands, weights, and paddles). This class will alternate non-impact cardio with upper body strengthening exercises. When needed, a chair is offered for support.

*Carol Cohen is a certified senior fitness instructor and has been teaching for over 30 years. She emphasizes on balance and functional fitness that is used everyday to function.*

## PINOCHLE

Location: Lounge

**Dates and times change depending on the month.**

*Check your Sandy Senior Scene Newsletter for the dates or call the Sandy Community and Senior Center for more information.*

This is a drop-in activity for seniors with the desire to learn and play pinochle with a friendly group of peers.



## BINGO

Location: Dining Room

**We aim for 1:30pm on the second Tuesday of each month, however dates and times can change.**

Please check your Sandy Senior Scene Newsletter or call the Sandy Community and Senior Center for exact dates and times.

Cost: \$5 per session

*This is a drop-in activity for seniors with the desire to play Bingo and have fun!*

**Starting in June, you will notice that the prices for our programs and activities have a fee and a residential discount. The discounted price is for our Sandy residents, defined as those who live within the City limits.**

# SENIOR CLASSES



## MEDICARE SCHOLAR EDUCATIONAL CLASSES

Instructor: Deedra Thompson & Cedar Springs Advisors  
**Location: Dining Room**

**4th Wednesday of each month from January through May**  
**2:00pm – 3:00pm**  
 Cost: Free

Are you confused by Medicare? So are most people! Do you have questions you can't get answered? So do most people! Are you overwhelmed with Medicare mail? Almost every senior is.

Medicare Scholar will enhance your understanding of Medicare and get your questions answered. Whether you have been on Medicare for many years or are just getting ready to sign up, Medicare Scholar is for you. Drop by for any of our classes!

**January 24th** Delaying Medicare & Late Enrollment Penalties

**February 28th** Signing Up for Medicare

**March 27th** Medicare 101

**April 24th** Medicare Advantage 101

**May 22nd** Diabetic Treatment & Supplies

## CHANGE OF PACE

**Location: Dining Room**

**Ongoing Thursdays**  
**12:00pm – 4:00pm**  
 Cost: \$25 per session

Do you have a senior loved one who experiences memory loss? The Sandy Community and Senior Center is bringing back Change of Pace, a respite day program for older adults with memory loss or confusion due to Alzheimer's disease or Dementia.

This program allows caregivers to drop their senior off for the afternoon to provide worry-free time away from caregiving responsibilities, while providing a safe place for your loved one to enjoy social and recreation time.

For more information about our program or to register, please call Caroleana Smallwood, our Client Services Coordinator, at 503-668-5569 or email [csmallwood@ci.sandy.or.us](mailto:csmallwood@ci.sandy.or.us).



## SILVERTONES

**Location: Dining Room**

**Ongoing Mondays**  
**10:00am – 11:00am**  
 Cost: Free

Do you play an instrument or sing? Are you looking to join a group? The Silvertones might be for you! They are a choir for seniors ages 55 and above. Stop in and see if it's the right fit for you.

## FUN WITH CLAY!

Instructor: Linda Robertson  
**Location: Art Room**

**1st and 3rd Wednesdays**  
 (with an optional open studio to finish up a project before firing)  
**10:00am – 12:00pm**

You will be able to pick up projects on the 4th Wednesday of the month. Please call before coming to pick up to make sure the project is there.  
 Cost: \$10 per project  
 Maximum class size: 6

### JANUARY Making anything and everything Hearts!!!

January 3rd - Make as many heart shaped items as time allows.  
 January 5th - Optional open studio  
 January 17th - Glaze project  
 January 24th - Pick up finished project

### FEBRUARY Making anything and everything Circles!!!

February 7th - Make as many circle shaped items as time allows. Layer circles to create some amazing things!  
 February 9th - Optional open studio  
 February 21st - Glaze project  
 February 28th - Pick up finished project

**Make and glaze a different item each month!**  
**Learn hand building skills while working with clay.**

### MARCH Coil, pinch, or slab Bunnies and Baskets!!!

March 6th - Make as many bunnies and baskets as time allows.  
 March 8th - Optional open studio  
 March 20 - Glaze project  
 March 27th - Pick up finished project

*Linda is a retired elementary school teacher who has fallen in love with working with clay as a hobby! For the past 3 years she learned her skills taking classes at the University of Oregon craft center and she is very excited to share her skills with the seniors of Sandy.*

### APRIL Slab or pinch work to make Birds. Put a Bird on it!!!

April 3rd - Make table birds, wall birds, garden birds, bird feeders, and/or plates with birds on it.  
 April 5th - Optional open studio  
 April 17th - Glaze project  
 April 24th - Pick up finished project

### MAY Create Flower Power: flower bowls, wall flowers, herb flower pressed coasters, and more!!!

May 1st - Make a flower themed garden stake, bowl, wall hanging, or coasters.  
 May 3rd - Optional open studio  
 May 15th - Glaze project  
 May 22nd - Pick up finished project



## PASTA, YES PLEASE

Instructor: Martina Niles

Location: Dining Room

3rd Tuesday of each month

12:00pm – 1:30pm

Cost: \$10 per class

Pasta is enjoyed around the world in a variety of cuisines. In this series, we'll explore some pasta making techniques as well as the flavors of several regions. This is a hands-on class where participants prepare and then share in class.

Please notify the instructor of any special dietary needs (food allergies, gluten-free, dairy-free, vegan, etc.)



### January 16 Handmade Penne with Quick Marinara

We'll start our culinary travels with a classic Italian tube shaped pasta paired with an easy, tomato marinara.

### February 20 Greek Spanakopita Pasta

Greek feta, spinach, lemon, and herbs flavor this carbonara-style spaghetti for a yummy Mediterranean fusion pasta!

### March 19 Handmade Potato Gnocchi

Soft and pillowy, these bite sized morsels are divine with a simple butter and herb or pesto sauce.

### April 16 Thai Noodles

Salty, sweet, spicy, sour and creamy are the essential flavors of Thai cuisine. We'll add crispy veggies, a flavorful sauce and pasta, of course!

### May 22 Southwest Pasta Salad

*(please note the date changed to Wednesday)*  
Rounding out our exploration of the many flavors of pasta, we'll add pasta, beans, and crisp vegetables to a creamy, spicy dressing. This salad is sure to be a family favorite all summer long!

## FINANCIAL LITERACY CLASSES

Instructor: Embold Credit Union

Location: Art Room

Tuesdays every month from

January to March

10:45am – 11:45am

Cost: Free

January 23 Protecting identity fraud, theft, and scam

February 20 Saving on a fixed income

March 19 Paying off debt

Join us at the Sandy Community and Senior Center for free Financial Literacy classes offered in the Winter.

# SENIOR CLASSES

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## Thank you to our Sponsors for 2023 Winterfest!



Gold Sponsors:



Silver Sponsors:



Friends of the Lights Sponsors:

Next Adventure-Sandy, Sandy Decor, Jabez Properties LLC, Trimble Rentals, Tractor Supply Co, Rolli's Auto Detail.

## Become a Sponsor

Thank you to our sponsors for their support!

Our Sandy events could not have been possible without their contributions!

WHAT ELSE CAN YOU DO?

If you would like to become a sponsor, please contact Carol Cohen at Sandy Parks and Recreation by phone 503-489-2151 or email [ccohen@ci.sandy.or.us](mailto:ccohen@ci.sandy.or.us)

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# January

## ROSE CITY CLASSIC DOG SHOW

The Rose City Classic Dog Show, which bills itself as one of the biggest and most popular dog shows in the United States, is underway at the Expo Center through Sunday. The event features breed judging, agility competition, trick-performing dogs and many other canine activities! The show also includes numerous vendor booths, an art contest and concession stands.



For those interested in a specific breed, there's a "Meet the Breeds" attraction that offers people the chance to interact with the type of dog they may be thinking about making a part of their family.

# February

## PORTLAND SPRING HOME AND GARDEN SHOW

Each year the show draws thousands of attendees to the show with ideas, plans and dreams! The Portland Home & Garden Show is ready with plenty of home experts and garden gurus. This is clearly the show of choice for homeowners and gardeners alike.

These trips will also be included in our bimonthly Sandy Senior Scene Newsletter. You can sign up for each month's speciality trip on the first business day of that particular month by calling the Sandy Community and Senior Center at 503-668-5569.

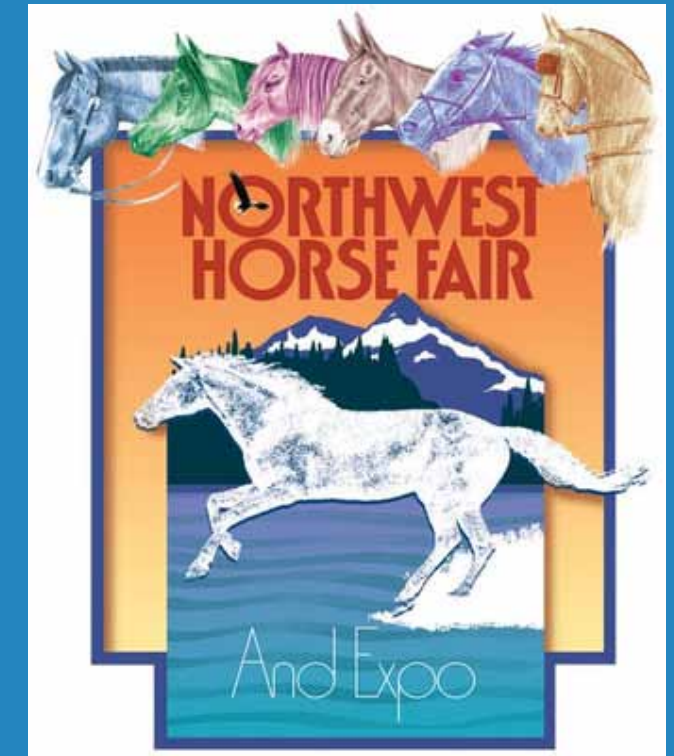


# SENIOR TRIPS

# March

## NORTHWEST HORSE FAIR AND EXPO

The Northwest Horse Fair & Expo is a beloved annual event for horse enthusiasts in the Northwest. It offers top-notch education, entertainment, and shopping, making it a fun experience for the whole family. The expo has welcomed renowned trainers and exhibitors, as well as up-and-coming clinicians. With a wide variety of domestic and foreign breeds on display, the expo is a dream come true for horse lovers. Attendees can also enjoy exciting competitions like the Extreme Mustang Makeover, the Extreme Cowboy Race, and the Wind Rider Challenge.



# April



## PORTLAND QUILT, CRAFT & SEWING FESTIVAL

At the Quilt, Craft & Sewing Festival you will find a wide variety of Sewing, Quilting, Needle-Art and Craft supply exhibits from many quality companies.





# Explore A Sandy Park

The City of Sandy is proud of its stellar parks system. Facilities range from the 1.75 mile Tickle Creek Trail, to neighborhood playgrounds to the 127 acre Sandy River Park. Policy for Sandy's parks system is created by the Sandy City Council and assisted by a seven person advisory board, which includes one member of the City Council.

Check out our website for more information [www.ci.sandy.or.us/parks-rec/page/parks](http://www.ci.sandy.or.us/parks-rec/page/parks)



The Parks and Recreation Department has a variety of rental spaces to meet your needs. Whether it is a birthday party, wedding reception, school reunion or a book club, our amenities might meet your needs.



## MEINIG GAZEBO

A unique log gazebo is located in the heart of Meinig Memorial Park and available for families and groups to rent for weddings, reunions, and other gatherings. In addition to its location in a gorgeous setting, it features

- A water fountain
- Power outlet
- Picnic tables
- Access to adjacent amphitheater
- Access to nearby restrooms
- Access to the Fantasy Forest play area

Rental Fee: \$200 resident / \$300 non-resident



## MEINIG SHELTERS

The 3 Small Shelters at Meinig Park will be available to rent from 11:00am - 2:00pm 7 days a week. Each shelter comes with a picnic table and a trash can.

Rental Fee: \$10 per hour resident  
\$15 per hour non-resident

## PLAZA

The amphitheater-style plaza features a large open area, seating, farmer's market vendor pads, landscaping, public restrooms and a water feature.

Rental Fee: \$200 resident / \$300 non-resident



Call the center at 503-668-5569 for more information

## CASCADIA SHELTER

The Shelter is available from 11:00am - 2:00pm 7 days a week and comes with 3 picnic tables and a trash can.

Rental Fee: \$50 resident / \$70 non-resident



## BORNSTEDT SHELTER

The Shelter is available from 11:00am - 2:00pm 7 days a week and comes with 3 picnic tables and a trash can.

Rental Fee: \$100 resident / \$130 non-resident

# SANDY PARK RENTALS



## DINING ROOM

The Sandy Community and Senior Center Dining Room is approximately 1,700 square feet. It is located downstairs. There are six round tables which seat approximately 8-9 people per table. There are additional 6 - 8 ft tables available for use. The dining room is a great space for any kind of event, especially those involving food. *The kitchen is not available to rent.*

Capacity: 100 people  
 (Seats 60 for dining comfortably)  
 Rental Fee: \$40 per hour resident  
 \$60 per hour non-resident  
**Custodial Fee: \$20 one time non-refundable**



## AUDITORIUM

The Sandy Community and Senior Center Auditorium is a large room approximately 2,000 square feet. It is upstairs with an elevator close to the entrance. It has a small stage and easy access to restrooms. This room is lined with windows on the east side and mirrors on the west wall. There are some skylights which bring in a lot of natural light. The auditorium is a great place for birthday parties, receptions, large meetings, and activities.

Capacity: 125 people  
 (Seats 80 for dining comfortably)  
 Rental Fee: \$40 per hour resident  
 \$60 per hour non-resident  
**Custodial Fee: \$20 one time non-refundable**

## ART ROOM

The Sandy Community and Senior Center Art Room is a medium-sized room approximately 525 square feet. The art room is located upstairs with an elevator close to the entrance. It has tiled floors and counter space. It is a great room for birthday parties, arts and crafts, and smaller group meetings. Tables and chairs are available for use.



Capacity: 35 people  
 Rental Fee:  
 \$15 per hour resident  
 \$30 per hour non-resident  
**Custodial Fee: \$20 one time non-refundable**

# SANDY ROOM RENTALS

## SANDY COMMUNITY GARDENS AT BORNSTEDT PARK

Bornstedt Park is home to Sandy's Community Garden! There are 69 garden beds available for rental every year. 67 of the garden beds are 4 x 8 ft. Thanks to the Sandy Rotary Club, two ADA accessible beds were constructed in 2023 and will be available for use in 2024!

**Bornstedt Park**  
**January 1, 2024 - December 31, 2024**  
**Ages 16 & up**  
 1st garden bed \$20 / 2nd garden bed \$25  
**Registration begins December 1st**

*\*Priority is given to the previous year's gardeners during the registration process.*



## COMMUNITY GROUPS



# SANDY BEE CITY USA

Bee City USA is an initiative of The Xerces Society for Invertebrate Conservation. As an affiliate of Bee City USA, Sandy is committed to enacting policies and programs to support pollinator species in the city. These policies include adopting an integrated pest management program, planting pollinator habitat on public land, and using public engagement tools to provide education and resources on pollinator preservation.

Sandy Bee City USA has a Bee City Action Group that meets once quarterly to discuss ongoing and upcoming projects. These meetings are open to the public and we are always looking for new members!

## 2024 Action Group Meeting Dates

**January 9th, 12:00pm – 1:00pm**

**April 9th, 5:30pm – 6:30pm**

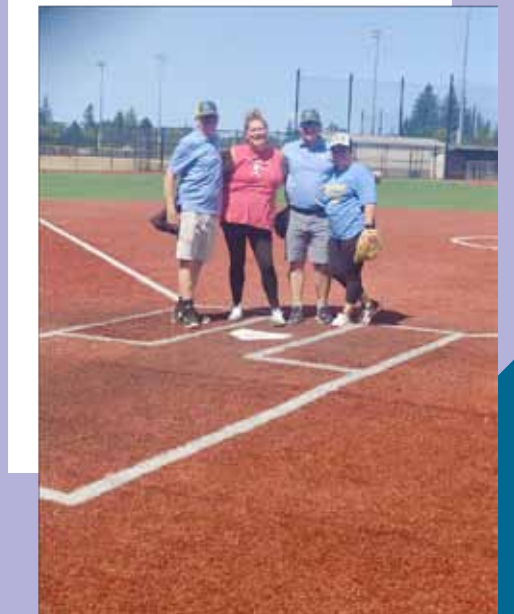
**July 16th, 5:30pm – 6:30pm**

**October 8th, 5:30pm – 6:30pm**



This Fall we celebrated International Bat Week by installing a Bat House at Sandy Bluff Park to provide habitat for these nocturnal pollinators.

Join our Winter and Spring Action Group meetings to help us plan for World Bee Day on May 20th! World Bee Day is a day of awareness about the importance of bees and why we need to protect them. Designated by the United Nations, World Bee Day seeks to inform and educate people about bees and their impact on our biodiversity.



## SANDY'S ADULT SOFTBALL LEAGUE

Softball games are held weekly May-August at the Sandy High School fields. The season concludes with a final tournament. Registration fees will vary depending on team size. Call (503) 668 5569 or email Amy at [ALytle@ci.sandy.or.us](mailto:ALytle@ci.sandy.or.us) to learn more about creating your own team, becoming an umpire, or joining the league!

**Registration Opens: March 1st**  
**Registration Closes: April 26th**



# COMMUNITY GROUPS

# MARCH

## March for Meals Dinner

City of Sandy and partnership with D31  
March 2nd

Sandy Community Center  
4:00pm – 6:00pm

Fundraiser for Meals on Wheels.  
Seats are limited. make sure you RSVP.

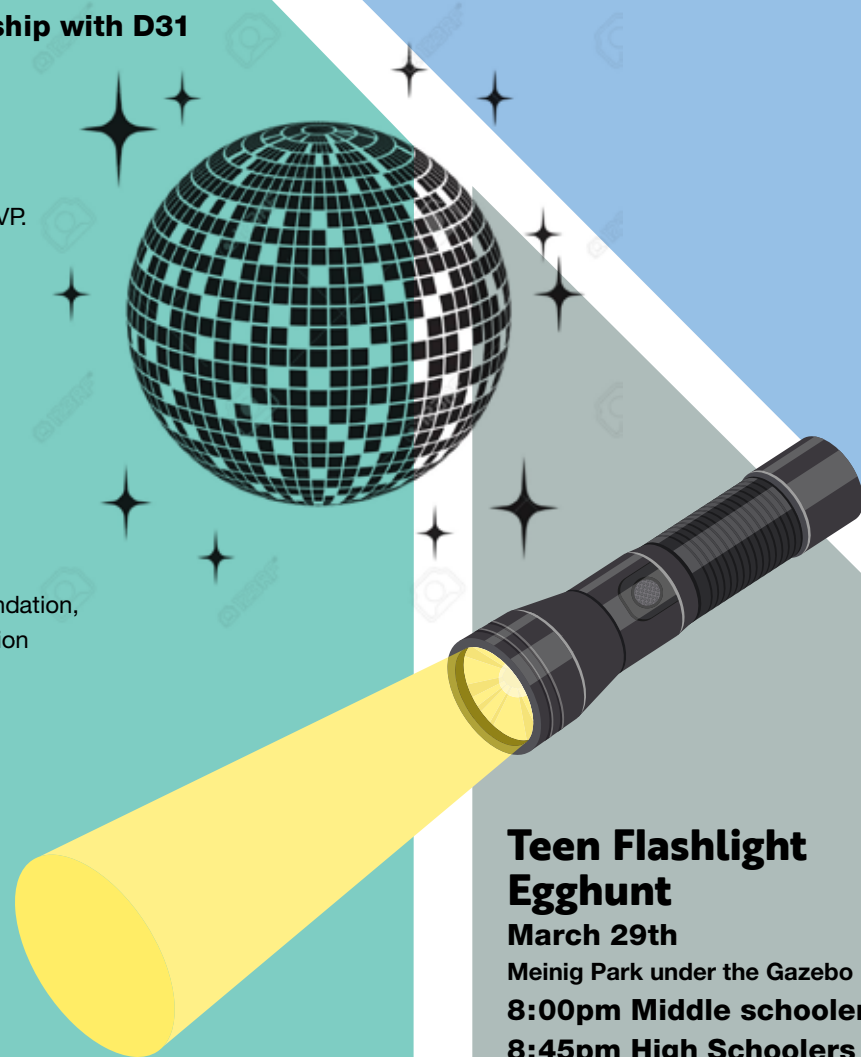
## Silent Disco

March 8th  
Sandy Community Center

Drinks, snacks, pizza, photo booth  
and lots of dancing!

Grades 6 –12  
7:00pm – 9:30pm

Cost: \$15  
Thank you to our sponsors D31 Foundation,  
Dick Hannah, and Embold Credit Union



## Teen Flashlight Egghunt

March 29th  
Meinig Park under the Gazebo  
8:00pm Middle schoolers  
8:45pm High Schoolers

Cost: Free  
Rain or shine! An after-dark hunt  
in Meinig Park for teens. Hunt for  
candy, golden eggs and potentially  
win gift cards.

# APRIL

## Sandy Senior Center Golden Anniversary

April 18th  
Sandy Community Center

## Solve It In Sandy

April 20th  
9:00am  
All ages  
Sandy Community Center  
In celebration of Earth Day, Sandy Parks and  
Recreation organizes a community clean up day.  
Drop by the Community Center to learn about the  
areas that need your help getting clean.

## Arbor Day Celebration April 26th

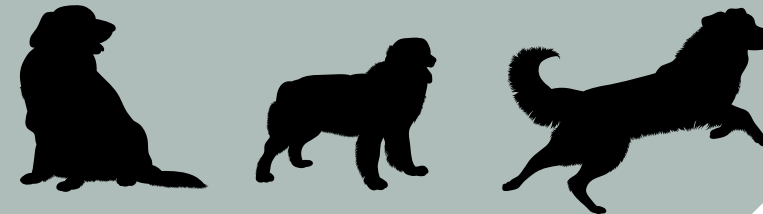
Arbor Day, the nation's tree planting  
holiday, was first celebrated in 1872.  
Celebrate 2024's Arbor Day  
with Sandy's Parks and Recreation!



# MAY

## Yappy Hour K-9 Karnival

May TBD  
Sandy Bluff Park  
36801 Goldenrain St.  
The City of Sandy invites you and your pet to  
join us for a fun Karnival for your doggie.  
Games, giveaways and doggie bags.



## Senior Resource Fair

May TBD  
To celebrate Older American Month.  
Sandy Community Center

CITY  
OF  
SANDY  
EVENTS

CITY  
OF  
SANDY  
EVENTS



# KIDS

## Teddy Bear Sleepover

Sandy Public Library Community Room

**January 5th, 5:00pm – 6:00pm  
and January 6th at 10:00am**

Drop your favorite cuddly off at the library Friday evening between 5 and 6 pm. Your stuffed animal will stay overnight for a sleepover at the library.

Come back to the library the next morning at 10 for a special Teddy Bear-themed storytime and to pick them up, along with pictures of their adventures!

## Sandy Kids LEGO Club

Sandy Public Library Community Room

**2nd Tuesday of each month**

**4:00pm – 5:30pm**

Drop in at the library after school for the Kids' LEGO club! Build something from our vast collection of LEGOs and then display your creation during the month until the following LEGO Club.

## Kids STEM Club Sandy

Sandy Public Library Community Room

**4th Tuesday of each month**

**4:00pm – 5:30pm**

Drop in at the library after school for Science fun! The library will present something science-related for you to try each month.

# SANDY AND HOODLAND LIBRARIES



## Hoodland Kids LEGO Club

Hoodland Public Library Community Room

**First Saturdays of each month**

**1:00pm – 2:00pm**

Build Lego creations with your friends. This event will happen on the first Saturday of each month

## Storytime - Sandy

Sandy Public Library Community Room

**Thursdays at 10:00am**

Miss Monica will read picture books and we will all learn some songs and rhymes together. Storytime is followed by a craft and playgroup led by Todos Juntos.

## Storytime - Hoodland

Hoodland Public Library Community Room

**Fridays at 10:30am – 11:00am**

Join us for Storytime at the Hoodland Library! We will be reading books, singing songs, and learning rhymes together.

## Family Storytime

Sandy Public Library Community Room

**Saturdays at 10:00am**

Storytime for the whole family! Miss Monica will read picture books and we will all learn some songs and rhymes together.

## Dr. Seuss Storytime - Sandy

Sandy Public Library Community Room

**Ages 2-6**

**March 2, 2024**

**10:00am**

A special family storytime celebrating Dr. Seuss on his birthday.

## Dia de los Ninos/ Children's Day

Sandy Public Library Community Room

**April 27, 2024**

**2:00pm – 4:00pm**

A bilingual celebration! Crafts, games, free books and more. ¡Una celebración bilingüe! Manualidades, juegos, libros gratis y más.



# TEENS

## Teen Advisory Board (TAB)

Sandy Public Library Community Room

**2nd Monday of the month**

**4:00pm – 5:00pm**

Grades 6 - 12

Plan library events for teens!

Registration required: [cityofsandy.activityreg.com](http://cityofsandy.activityreg.com)

## Teen Hangout

Location: Sandy Public Library Community Room

**1st and 3rd Mondays of the month**

**4:00pm – 6:00pm**

Meet friends, watch shows, craft, play games, and eat!

## Dr. Seuss Storytime - Hoodland

Hoodland Public Library Community Room

**March 2, 2024**

**2:00pm – 3:00pm**

Maximum class size: 15

Come Celebrate Dr. Seuss's birthday with us at the Hoodland Library! Enjoy crafts, cupcakes, and stories!



## Teen Makerspace - Group 1

Sandy Community Center Art Room

**February 7, 21, March 6, 20,  
and April 3**

**4:00 pm – 6:00 pm**

For youth in grades 6th - 12th

Maximum class size: 10

Cost: Free

Explore new technology, discover a new hobby, and make friends!

## Teen Makerspace - Group 2

Sandy Community Center Art Room

**February 14, 28, March 13, 27,  
and April 10**

**4:00 pm – 6:00 pm**

For youth in grades 6th – 12th

Maximum class size: 10

Cost: Free

Explore new technology, discover a new hobby, and make friends!

# ADULTS

## Men's Book Club

Sandy Public Library Community Room

**First Monday of the month at 7:00pm**

For the discerning gentleman who enjoys great literature and for those who just like to hang out with the guys. The title for the discussion will be announced on our website: [www.ci.sandy.or.us/library](http://www.ci.sandy.or.us/library)

## Digital Book Club

Zoom

**1st Thursday of the month at 7:00pm**

Meet with others and discuss a book on Zoom. This group chooses their title by a vote after each meeting. The title for the discussion will be announced on our website: [www.ci.sandy.or.us/library](http://www.ci.sandy.or.us/library) The Zoom link is sent out about a week before the meeting.

## Women's Book Club

Sandy Library Community Room and Zoom

**2nd Thursday of the month at 6:00pm**

For women who love good books and like to talk about them. The Women's Book Club meets the second Thursday of each month at 6 pm as a hybrid event in the Sandy Library Community Room and on Zoom. For more information contact Maureen Houck at [mhouck@ci.sandy.or.us](mailto:mhouck@ci.sandy.or.us). The title for the discussion will be announced on our website: [www.ci.sandy.or.us/library](http://www.ci.sandy.or.us/library)

## Mouse and Keyboard Basics

Instructor: Maureen Houck

Sandy Public Library Community Room

Maximum class size: 5

**January 9, February 6, April 2, 2024**

**10:00am – 11:00am**

Are you a new computer user with little or no experience using a keyboard and mouse? If so, come to this class and learn how to left-click, right-click and use basic command keys as you prepare to enter the online world! *Space is limited. Registration is required.* Call the library at 503-668-5537 to register for a class.

## Computer Basics

Instructor: Maureen Houck

Sandy Public Library Community Room

**January 16, February 13, April 9, 2024**

**10:00am – 11:30am**

Maximum class size: 5

Are you new to computers or has it been a while since you used one? Come to Computer Basics and learn how to start and shut down a computer; create, save, and open a file; create a folder; and rename files and folders.

*Space is limited. Registration is required.*

Call the library at 503-668-5537 to register for a class.

## Internet Basics

Instructor: Maureen Houck

Sandy Public Library Community Room

**January 23, February 20, April 16, 2024**

**10:00am – 11:30am**

Maximum class size: 5

Are you an internet novice in need of more information? If so, sign up for Internet Basics! Learn basic internet terminology and how to navigate a browser, locate a website, identify common domains, build search skills, and stay safe while searching in this class.

*Space is limited. Registration is required.*

Call the library at 503-668-5537 to register for a class.

## Microsoft Word

Instructor: Maureen Houck

Sandy Public Library Community Room

Maximum class size: 5

**January 30th, March 12th, April 23rd, 2024**

**10:00am – 11:30am**

Need to compose a letter? Make a list? Write a resume?

Take this class to learn basic formatting skills in

Microsoft Word.

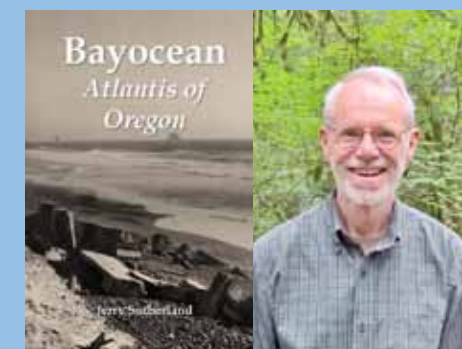
*Space is limited. Registration is required.*

Call the library at 503-668-5537 to register for a class.



## Author Event: Bayocean: Atlantis of Oregon by Jerry Sutherland

The Sandy Library will host author and historian Jerry Sutherland where he will discuss his latest book, Bayocean: Atlantis of Oregon. The 1906 vision of T. B. Potter and his partner, Harkness Chapin, Bayocean was to be a grand resort town located along the Tillamook Spit that protects Tillamook Bay from the Pacific Ocean. A luxury hotel, rental cabins, and an indoor saltwater swimming pool complete with a wave machine were just a few of the amenities offered. Lots with a view of the ocean and bay sold quickly. However, the remote location and economic downturn slowed growth. Then, in the late 1920s, after the construction of a jetty, erosion began eating away at the spit. Over the next several decades, dreams and homes were lost. In 1971, the last structure, a garage, was claimed by the Pacific Ocean. Come hear the dramatic story of the town that was lost to the sea and see a slideshow presentation. Books will be available for purchase.



Sandy Public Library Community Room  
**Saturday, March 2nd at 2:00pm**

## Google Drive and Google Tools

Instructor: Maureen Houck

Sandy Public Library Community Room

Maximum class size: 5

**February 27th, March 19th, April 30th, 2024**

**10:00am – 11:30am**

Learn about Google Drive for uploading, organizing, and sharing files. Get an introduction to popular Google Tools such as Google Docs, Google Calendar, and Google Sheets. A Google account (Gmail account) is required prior to taking the class.

*Registration is required.*

Call the library at 503-668-5537 to register.

## Creation Station

Sandy Public Library Community Room

**2nd & 4th Mondays**

**10:00am – 12:00pm**

Creation Station is a twice-monthly interactive program that welcomes adults with developmental disabilities on the 2nd and 4th Monday of each month. Art Lab, on the 2nd Monday, will offer several arts and crafts stations with various materials to accommodate different interests and abilities. Maker Lab, on the 4th Monday, will offer puzzles, games, LEGOs, and other building and problem-solving materials.

## Spanish Class

Instructor: Maria Smith

Sandy Public Library Community Room

**Sundays 3:00pm – 4:00pm**

Learn Spanish with teacher Maria Smith.

This free class is intended for beginners.

*Weekly, drop-in class, no registration required.*

## English Class

Instructor: Maria Smith

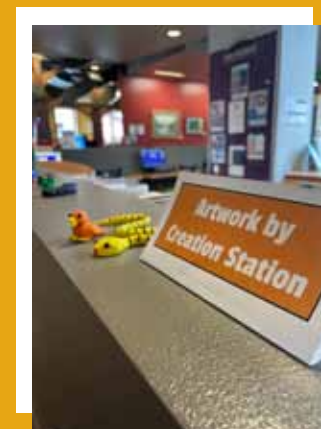
Sandy Public Library Community Room

**Sundays 4:00pm – 5:00pm**

Learn English with teacher Maria Smith.

This free class is intended for beginners.

*Weekly, drop-in class, no registration required.*





# GENERAL

## Take & Make Kits

Hoodland Public Library & Sandy Public Library

**Teen Kits 1st of the month**

**Adults & Kids 15th of the month**

Take and Make kits contain all materials and instructions for an activity. They are available each month while supplies last.

## Seedy Saturday - Sandy Seed Library

Sandy Public Library Community Room

**Saturday, January 27th, 2024**

**2:00pm – 3:30pm**

Welcome gardeners to our 5th Annual Seedy Saturday Seed Swap. Meet other local gardeners and share growing tips beginning at 2:00 pm in the Sandy Library Community Room. Bring your organic, non-GMO garden seeds to share. It is not required that you donate seeds to be able to participate. Bring what you have, and take what you need.

## Sandy Seed Library

Sandy Public Library Community Room

**Open hours**

Come to the Sandy Public Library and 'borrow' seeds for free! You may ask, "How can you 'borrow' seeds?" The basic idea is that you plant the seeds, let some go to seed, and then return some of these next-generation seeds for others to borrow. (Don't worry. There are no fines if you don't return seeds.)

The Seed Library is open whenever the library is open. Beyond being a hub for the seed exchange, the Seed Library periodically offers events! Check back for announcements.

# SANDY AND HOODLAND LIBRARIES

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## Craft Swap

Sandy Public Library Community Room

**Sunday, February 4th, 2024**

**12:00pm – 2:00pm**

Anyone who crafts will likely end up with things they no longer need. Trade them for things you do need! Bring those brushes you never used or all those googly eyes you bought for that one project. I am sure someone will use the polymer clay you have in the closet!



## Plant Swap

Sandy Public Library Community Room

**Sunday, February 25th, 2024**

**12:00pm – 1:30pm**

Is your house starting to look like a jungle with too many plants? Or too bare with not enough? Do you have cuttings to give away? Please bring a healthy, pest-free houseplant or cutting to swap. If you don't have one to bring, that is ok too. Please bring your own containers to take any new plant friends home. Can't make it to the event but have some houseplants you don't want anymore, bring them to the library on Saturday, February 24th between 3 and 5 pm and we will add them to the plant swap the next day. Due to the invasive jumping worm, only indoor houseplants will be able to be swapped.

## Oregon Department of Human Services: Drop-In Assistance

Sandy Public Library Study Room

**Tuesdays 10:30am – 3:00pm**

**& Thursdays 10:00am – 3:00pm**

Need assistance paying for food or child care? Are you looking for health coverage? ODHS (Oregon Department of Human Services) may be able to help you! **Please call ahead to make sure a representative is available at the library: 503-668-5537.**

## Free Comic Book Day

Sandy Public Library Community Room

**May 4, 2024**

**12:00pm – 2:00pm**

All ages

Free comics, treats, and crafts at the library.



## A Celebration Of Poetry

Sandy Public Library

**April 18, 2024 6:00 – 7:30 pm**

Join us for an enchanting evening of words and rhythm at our Poetry Celebration! Whether you're a budding poet or simply love the beauty of verse, this event is your stage to share your own creations or recite your favorite poems. Let your inner poet shine in the company of fellow poetry enthusiasts. Don't miss this lyrical gathering.



## Fiber Arts Circle

Sandy Public Library

**Tuesdays, 2:00pm – 4:00pm**

Fiber Artists join other handcrafters at an informal Fiber Arts circle in the fireplace room of the library on Tuesdays at 2:00 pm. Weavers, spinners, knitters, crocheters, if your work is portable, you are welcome.

## Dungeons and Dragons

Sandy Public Library Community Room

**2nd and 4th Wednesdays of each month**

**6:00pm – 9:00pm**

*\*check the library calendar, dates are subject to change*  
Teens (13+) and Adults

Following old-school D&D rules from 1980 -- just like in the hit show "Stranger Things" -- we are a friendly group of players both experienced and new to the game that gather around the table. Using a flexible sandbox-style approach, the players choose their adventure. Will you explore the mysterious ruins seeking the rumored treasure within? Or clear a cave complex of ferocious orcs and earn great reward and fame from the local lord? No matter what you choose, adventure and treasure awaits! We play the traditional way, rolling dice in-person around a table using "theater of the mind" and are open to players aged 13 to 3,000 (sorry, no liches allowed). **Seats are limited. Registration is required.** For more information contact Dungeon Master Steve Williamson at [gaming@ruckerworks.com](mailto:gaming@ruckerworks.com)

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## Adult Egg Hunt

Sandy Public Library Community Room  
**Thursday, March 28th, 2024**  
**9:00am – 10:00am**

Kids shouldn't get to have all the fun. Come to the Sandy Library for an Adult Egg Hunt! Look high and low to find eggs hidden all over the library. Find a "golden" egg and win a prize! Bring a sack to hold your eggs while you hunt. Light snacks and refreshments are provided. This program is for seniors and adults with disabilities.

## Spring Celebration

Mount Hood Farmer's Market  
 38600 Pioneer Ave., Sandy, OR  
**Saturday, May 11, 2024**  
**8:00am – 4:00pm**

*(Library activities 9:00am-1:00 pm)*

Welcome Spring with books, art, and a plant sale! The Sandy Library has teamed up with Sandy Garden Club, Sandy Rotary Club (selling tamales), and AntFarm, for a truly unique community event.



## Sandy's 12th Anniversary

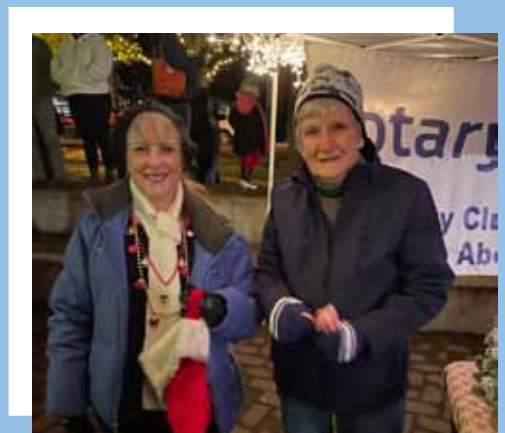
Sandy Public Library  
**March 6, 2024**  
**4:00pm – 6:00pm**

Come join us in celebrating the 12th anniversary of the Sandy Public Library in our current building! See the history of Sandy Public Library on exhibit and grab a celebratory cupcake on your way out.

# SANDY AND HOODLAND LIBRARIES

# Volunteer Opportunity

Looking for a way to give back to the community? The Sandy Parks and Recreation Department has many opportunities. From driving for Meals on Wheels, helping in the community garden, to supporting the front desk at the community center, the Parks and Recreation department has a spot for you. Stop by the center to get an application and learn more.



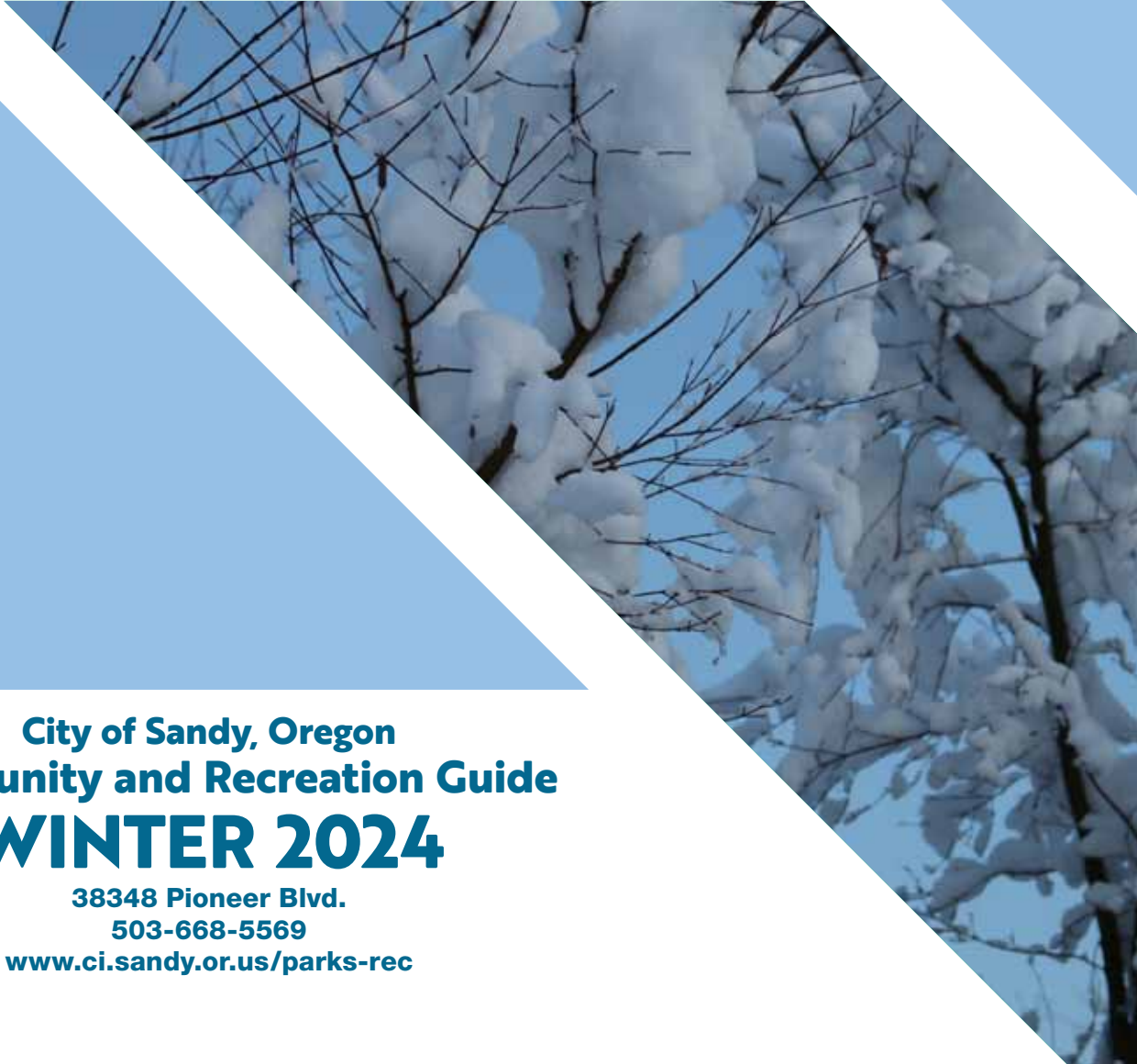
## Donations

Sandy's Parks and Recreation Department accepts donations for various events, recreational activities and senior services. We rely on these donations to help supplement and provide services. Donations can be made at the Sandy Community/Senior Center. Thank You!



# WHAT ELSE CAN YOU DO?





**City of Sandy, Oregon  
Community and Recreation Guide  
WINTER 2024**

**38348 Pioneer Blvd.  
503-668-5569  
[www.ci.sandy.or.us/parks-rec](http://www.ci.sandy.or.us/parks-rec)**